

# **BELLEVILLE MAT CLUB GENERAL INFORMATION**

## **PRACTICE**

**WHEN:** MONDAYS AND WEDNESDAYS 5:40 PM - 7:00 PM

**WHERE:** BELLEVILLE INTERMEDIATE SCHOOL SMALL GYM

Parents are encouraged to stay and help work with the younger children.

## **COST**

You are welcome to attend wrestling practice for 3 to 4 practices at no cost. After that time you will need to purchase a USA wrestling card at a cost of \$30 per wrestler.

Tournaments will generally cost between \$10 - \$14 per tournament. You can attend as many or as few tournaments as you wish. The Belleville Mat Club will pay the cost for two tournaments each year, one being our tournament in Belleville held on Sunday, February 15<sup>th</sup>, and one other tournament held sometime in January. That tournament will be announced with the January schedule.

## **TOURNAMENTS**

January tournaments are mostly held on Saturdays. February tournaments are mostly held on Sundays. March tournaments are on Saturdays.

Tournaments will be listed on the monthly schedules. The Belleville Mat Club will select one tournament each weekend that they will attend and coaches will be present at that tournament.

## **UNIFORMS**

Singlets are not needed for practice. If you want to have a singlet for the tournaments, the Belleville Mat Club will provide singlets with a deposit of \$60 payable to the Belleville Mat Club. This deposit will be returned at the end of the season when the singlet is turned in.